# **BACHELOR OF SCIENCE IN EDUCATION**

# **HEALTH AND PHYSICAL EDUCATION K-12 2025-2026**

### TRADITIONAL TRACK

FRESHMAN YEAR   FALL	CREDITS	COMPLETED	FRESHMAN YEAR   SPRING CREDITS COMPLETED		
CATEGORY I: Communication WRIT 101 College Writing I	3		CATEGORY IV: Social Science/History PSYX 230 Developmental Psychology  3		
CATEGORY VI: Humanities & Fine Arts Any course in this area	3		CHTH 262 Community Health 3		
CATEGORY VII: Technology EDU 270 Integrating Technology in Education	n 3		CATEGORY II: Mathematics M 121 College Algebra		
CATEGORY IV: Social Science/History Any course in this area	3		CATEGORY V: Cultural Diversity Any course in this area 3		
Advisor Approved Elective	3		HTH 110 Personal Health and Wellness 3		
TOTAL CREDITS 15			TOTAL CREDITS 15		
SOPHOMORE YEAR   FALL	CREDITS	COMPLETED	SOPHOMORE YEAR   SPRING CREDITS COMPLETED		
CATEGORY III: Natural Sciences BIOH 104/105 Basic Human Biology with Lab	4		CATEGORY III: Natural Sciences without Lab Any course in this area		

### **TOTAL CREDITS 16**

3

JUNIOR YEAR   FALL	CREDITS	COMPLETED
EDSP 304 Ed and Psychology of Exceptional Child <b>OR</b> EDSP 460 Learning Disabilities	3	
EDU 336A Practicum 1	3	
EDU 382 Intro to Curriculum Planning and Practice	3	
HEE 300 PE in the Elementary School	3	
KIN 320 Exercise Physiology	3	

EDU 201 Intro to Education w/ Field Experience 3

REC 236 Intramural Recreational Activities

**CATEGORY VI: Humanities & Fine Arts** 

HEE 303 Methods Lifetime Fit Act.

Any course in this area

SENIOR YEAR   FALL	CREDITS	COMPLETED
EDU 452 Advanced Practicum	3	
HEE 340 Methods of Health Education	3	
HEE 376 Assessment in Health Education	3	
HTH 378 Sex Education	3	
KIN 327 Kinesiology & Bioechanics	3	

## **TOTAL CREDITS 15**

SOPHOMORE YEAR   SPRING	CREDITS	COMPLETED
<b>CATEGORY III: Natural Sciences without Lab</b> Any course in this area		
COMX 115 Intro to Interpersonal Communication		
HEE 435 Curriculum Planning in HE		
KIN 440 Sport Psychology		
AHAT 210 Prevention and Care of Athletic Injuries		
Advisor Approved Elective	] NTS 16	

### JUNIOR YEAR | SPRING EDU 336B Practicum 2 3

EDU 211 Multicultural Ed 3 EDU 340 Classroom Management 3 3 EDU 481 Content Area Literacy

# HEE 310 Methods of Adapted Health

### **TOTAL CREDITS 15**

SENIOR YEAR   SPRING	CREDITS	COMPLETED
EDU 495 Student Teaching	12	

**TOTAL CREDITS 15** 

**TOTAL CREDITS 12** 

