## **BACHELOR OF SCIENCE IN**

### **INTEGRATED HEALTH SCIENCES**

Pre-Allied Health Option 2023-2024

FRESHMAN YEAR   FALL	CREDITS	COMPLETED
CATEGORY II: M 121 College Algebra	3	
<b>CATEGORY I:</b> COMX 115 Intro to Interpersonal Communication	3	
CATEGORY III: BIOH 201/202 Anatomy and Physiology	4	
AHMS 144 Medical Terminology	3	
PSYX 150 Drugs and Society	3	

#### **TOTAL CREDITS 16**

SOPHOMORE YEAR   FALL	CREDITS	COMPLETED
CATEGORY IV: Any course in this area	3	
CATEGORY VI: Any course in this area	3	
KIN 205 Foundations in Health and Human Performance	3	
NUTR 221 Basic Human Nutrition	3	
ACT xxx Activity Course	1	
CHMY 141/142 College Chemistry I	4	
TOTAL CREDITS	5 17	

JUNIOR YEAR   FALL	CREDITS	COMPLETED
<b>CATEGORY VII:</b> Any course in this area	3	
HTH 325 Etiology of Disease	3	
HTH 378 Sex Education <b>OR</b> KIN 364 Research Methods in Health and Human Performance	3	
CHTH 374 Current Issues in Health OR HTH 309 Contemporary Epidemics	3	
CHMY 321/322 Organic Chemistry I <b>OR</b> CPHSX 205/20 College Physics I	)6 5	

#### TOTAL CREDITS 17

SENIOR YEAR   FALL	CREDITS	COMPLETED
HTH 378 Sex Education <b>OR</b> KIN 364 Research Methods in Health and Human Performance	3	
CHTH 374 Current Issues in Health  OR HTH 309 Contemporary Epidemics	3	
CHMY 321/322 Organic Chemistry I <b>OR</b> PHSX 205/206 College Physics I	5 5	
Elective	3	

**TOTAL CREDITS 14** 

FRESHMAN YEAR   SPRING	CREDITS	COMPLETED
BIOH 210/211 Anatomy and Physiology II	4	
CATEGORY I: WRIT 101 College Writing	4	
CATEGORY V: Any course in this area	3	
HTH 101 Opportunities in Health Professions	2	
HTH 110 Personal Health and Wellness	3	

#### **TOTAL CREDITS 16**

SOPHOMORE YEAR   SPRING	CREDITS	COMPLETED
CATEGORY VI: Any course in this area	3	
CHMY 143/144 College Chemistry II	4	
CATEGORY IV: PSYX 230 Developmental Psychology	3	
CHTH 262 Community Health	3	
AHAT 210 Prevention and Care of Athletic Injuries	3	

#### TOTAL CREDITS 16

JUNIOR YEAR   SPRING	CREDITS	COMPLETED
WRIT 3xx Upper Division Writing	3	
HTH 376 Understanding Obesity <b>OR</b> Upper Division Selective	3	
CHMY 323/324 Organic Chemistry II <b>OR</b> PHSX 207/208 College Physics II	5	
STA T 216 Statistics	3	
AHAT 495 Practicum: Sports Medicine	3	

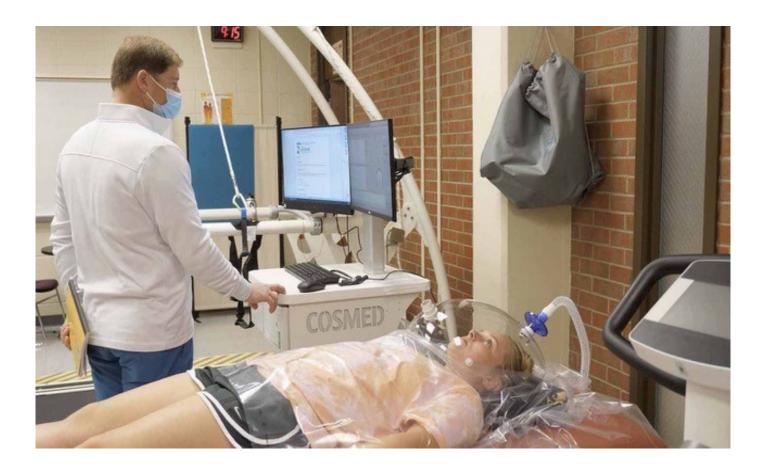
#### TOTAL CREDITS 17

SENIOR YEAR   SPRING	CREDITS	COMPLETED
HTH 376 Understanding Obesity  OR Upper Division Selective	3	
CHMY 323/324 Organic Chemistry II <b>OR</b> PHSX 207/208 College Physics II	5	
Elective	3	
KIN 490 Undergraduate Research	3	

**TOTAL CREDITS 14** 



# THE VALUE OF YOUR INTEGRATED HEALTH SCIENCES DEGREE



Students of the health sciences are encouraged to gain practical experience in the field of health. They can achieve this through cooperative learning credits, community service, campus involvement through sports and clubs, and assistantships with coaches and athletic trainers.

Graduates of MSU-Northern's Integrated Health Sciences program pursue employment as health educators, consultants, community health specialists and health coordinators. They find jobs at government agencies, non-profit organizations, hospitals, and community-based organizations. Many graduates also, apply to graduate programs throughout the country in allied health and health related programs, leading to careers, such as physical therapy, and athletic training.



#### WANT TO GRADUATE ON TIME? SAVE MONEY? GET BETTER GRADES?



You're going to need 15. That's the number of credits you need to take each semester to graduate on time. Sure, you can take less and still receive some scholarships and funding. But unless you take 15 credits a semester (or 30 a year), you're looking at an extra year or more in order to graduate. Know the courses you need to graduate, and meet with your advisor to map out a plan to earn your degree on time.