## MINOR IN INTEGRATED HEALTH SCIENCES 2022-2023

REQUIRED COURSES	CREDITS	SEMESTER OFFERED	COMPLETED
HTH 110 Personal Health & Wellness (SP)	3	Spring	
KIN 205 Foundations in Health and Human Performance	3	Fall	
NUTR 221 Basic Human Nutrition	3	Fall	
HPE 234 First Aid and CPR	2	Fall	
CHTH 262 Community Health	3	Spring	
HTH 325 Etiology of Disease	3	Fall	
PSYX 338 Health Psychology	3	Spring	
HTH 378 Sex Education	3	Spring	
ACT 150 Yoga	1	*	

<sup>\*</sup> Please See Advisor TOTAL CREDITS 24



## WANT TO GRADUATE ON TIME? SAVE MONEY? GET BETTER GRADES?



You're going to need 15. That's the number of credits you need to take each semester to graduate on time. Sure, you can take less and still receive some scholarships and funding. But unless you take 15 credits a semester (or 30 a year), you're looking at an extra year or more in order to graduate. Know the courses you need to graduate, and meet with your advisor to map out a plan to earn your degree on time.