

NORTHERN NETWORK NEWS

The Official Newsletter of MSU-Northern

October 14, 2016

This Past Week

First Snow of the Season



This week Northern experienced a break in the beautiful fall weather to be reminded that winter is just around the corner.

Work on the New Diesel TC Begins



This week the campus felt the bitter-sweet feelings as an old building started to come down to make way for the new Diesel Technology Center.

16th Annual Legends for Lights Pheasant Jamboree



Last week the Northern Lights Athletic Scholarship Foundation hosted their 16th annual Legends for Lights Pheasant Jamboree. The Swank Team with football NFL tight end legend Casey FitzSimmons took first place with 127.765 points. This team has been participating in this event for over 10 years and this year with the help of Swank Enterprises they were finally crowned CHAMPIONS. Congratulations team!

The Legends for Lights Pheasant Jamboree is a combination of former NFL, NHL, MLB and other professional legends along with locals and outdoor enthusiasts from across the country coming together for a 4-day jamboree that includes trap shooting, pheasant hunting, and a little storytelling. Participants pay to be included in the shooting and hunting teams, and the money raised during this event goes toward athletic scholarships. For more information go to: <http://www.legendforlights.com/>

New Athletic Page Goes Live

The screenshot shows the official website for Montana State University Northern Lights & Skyline Athletics. The page features a large image of a football player in a maroon uniform, a navigation menu, and sections for upcoming events and recent results.

OFFICIAL SITE OF MONTANA STATE UNIVERSITY NORTHERN LIGHTS & SKYLIGHTS ATHLETICS

SPORTS STUDENT ATHLETES INSIDE ATHLETICS **N** FAN ZONE RECRUITS MSUN.EDU SEARCH

FOOTBALL | 9.22.2016
LIGHTS DEFEAT CARROLL 17-SEP-2016

UPCOMING EVENTS

WRESTLING
OCT 15 | 1:00:00 PM
VS ALUMNI DUAL

FOOTBALL
L 31 - 52
VS EASTERN OREGON UNIVERSITY

RECENT RESULTS

BOXSCORE

MONTANA STATE UNIVERSITY NORTHERN

13.15 | WOMEN'S BASKETBALL | MILES CITY COMMUNITY COLLEGE AT LIGHTS | HAVRE, MT

MSU-Northern is proud to present our new Athletic website. The new site is very easy to navigate and features more photos, videos, and helpful links to our corporate sponsors. The site is found at www.golightsgo.com. Check it out, we think you will like it.

Diesel Advisory Board



Last Thursday, Northern held a diesel advisory meeting, which included various presentations concerning progress in the diesel program. Many presentations were made, which included subjects such as media promotion, fundraising for the new building and recruiting strategies.

Northern Students Attend YALC



Many of the MSU-Northern Collegiate Stockgrowers and PAS Club members went to Young Agriculture Leadership Conference (YALC) in Great Falls the first weekend of October. MSU-Northern was represented well as this was the largest group of students attending the event from all of the MUS campuses across the state. The members learned a lot about various topics, including the importance of secession planning, the new veterinary feed directive, financial management, and deciphering the weather. The members enjoyed meeting other young Ag leaders from all areas of Montana in addition to learning much from the workshops, tours and presentations provided at the conference. We'd like to take this opportunity to send a big THANK YOU out to Dean Wang of Baker who graciously provided for our hotel rooms for this trip!

NWCCU Accreditation Team on Campus



This week, The Northwest Commission on Colleges and Universities was on campus to conduct their seven-year on-site accreditation review visit. The team met with various faculty and staff members and gave two commendations and six recommendations which were very helpful and encouraging.

Haynes Foundation Gives \$661K to Student Scholarships

Montana State University Northern announced today that The Haynes Foundation, a charitable foundation founded by Jack Ellis Haynes and Isabel May Haynes in 1958, has established an endowment of \$661,000 with the Montana State University Northern Alumni Foundation. The endowment will be used to provide scholarships to undergraduate students who have graduated from a Montana High School.

The goal of The Haynes Foundation has been to assist in providing scholarships to deserving Montana students since its inception. Jack and Isabel Haynes owned and operated The Haynes Picture Shop in Yellowstone National Park. This was a continuation of the photo shop originally started by Jack Haynes' father, Frank J. Haynes, in 1884. The Haynes family photographs, post cards, guidebooks and souvenirs opened the wonder of Yellowstone National Park to generations worldwide.

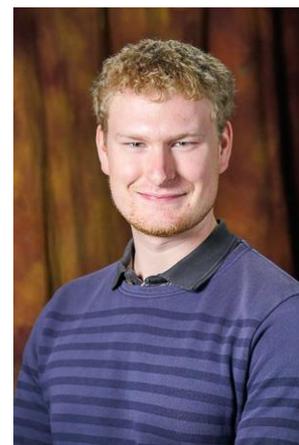
The establishment of this endowment demonstrates the 50+ year commitment of The Haynes Foundation to promoting higher education in the State of Montana and helping to prepare our students for a lifetime of success.

Montana and Yellowstone National Park were an integral part of the Haynes family history and Jack and Isabel Haynes demonstrated the strong work ethic, entrepreneurship and commitment to continuing a successful business, which enabled them to establish The Haynes Foundation. The endowment will benefit students for many generations to come and continue to ensure that the goals of The Haynes Foundation established in 1958 will continue to be fulfilled in perpetuity.

New AmeriCorps Person

Hiya Havre! I'm Ben Dillon, the new AmeriCorps leader at MSU Northern. If that title sounds totally unfamiliar, you're not alone. In a nutshell, AmeriCorps is a national service group that has engaged about one million volunteers with communities across the country. The particular program I serve with is called Montana Campus Compact. Together, we strive to increase access to college by educating K-12 students on attending university, and offering support to get them started.

I'm not a fan of talking about myself, but folks probably want to know about the newcomer. I'm originally from Houston, Texas but I've spent several storied years in the Appalachians of Virginia. As a fan of history from around the world, I studied archaeology at Cardiff University in Wales. Though I had a wonderful experience in the United Kingdom, I became committed to going back to the States and working for social justice.



Montana has always appeared epic in my mind, so when AmeriCorps and Campus Compact offered me a place of service here, I leapt at the opportunity. Having lived in rural Virginia, I feel like I could also call Havre home. After travelling up here, there seems to be an indescribable depth not only in the land but in the people who live on it. Though I must appear insignificant in this Big Sky, I hope my service still shines

Vote for Homecoming King and Queen



Students, be sure to vote for your favorite homecoming couple. The polls will be open from 8 a.m. Monday to noon, Friday. There are three ways you can access the voting site: 1) There will be a link on the Current Student page (use your MyInfo User I.D. and Pin), 2) if you log into a lab computer Internet Explorer will automatically launch and open to the ballot page, 3) there will also be a link on the web calendar event for those days. All students who have paid the Activity Fee are eligible to vote. The activity fee is paid by all students taking courses at the Havre campus & all student-teachers.

3rd Annual Festival of Nations at MSUN



This year MSUN 3rd Annual Festival of Nations had as a theme Dance and Music of the World. The Havre community and MSUN welcomed the performances from dancers from the Republic of Georgia, Indonesia, and China. Emma Datu presented an ethnic dance from Indonesia titled "Incling Jangeet;" Milena Oganesyanyan, from the Republic of GA, presented a traditional Armenian dance, "The Dance of the Deer;" Song Bishu and Zhu Xiaohua performed a Chinese ethnic dance "The Heaven Road." Other additional local talents who performed were Courtney Cota, MSUN student with the Mexican song, "La Bamba;" Miranda Crasco-Kirk sang in Assiniboine and English, and Cristina Estrada-Underwood, from the Office of Diversity

Awareness and Multicultural Programs danced a siri belly dancing piece. Dr. Joseph Berdecia, born in Germany, but raised in Puerto Rico was the keynote speaker; he talked about the inclusion of minorities in STEM and health related careers. The Diversity Committee sponsored an international menu that included tostadas norteñas, gyros, sushi, and sweet and sour pork. Attendees also were able to visit the different country displays that this year included Mexico, China/Malaysia, Norway, and Panama as well as vendors from Havre and Helena. Children also had the opportunity to learn to write Chinese and Spanish and to have their face painted like in the "Day the Muertos" (the Day of the Death). Silent auction and door prizes were also part of the entertainment. Thank you to all the Northern students who volunteered to make this festival a success, as well as the Diversity Committee members, MSUN staff, community volunteers and also those who attended, until next year!

New Safe Zone Allies



Last Wednesday eight new members of the MSUN and the community at large received their placard that recognizes them as Safe Zone allies on campus as well as they made their pledge of commitment to continue their support to LGBTQ individuals. They are (from left to right) Misty Geer, Matt Delong, Eleazer Resurreccion, Debbie Winegar, Karen Terrell, Julie Monson, Cristina Resurreccion, and Valerie Guyant (not pictured).

MSUN Safe Zone Module II focuses on Ally development; that is learning techniques for being an advocate for LGBTQ individuals. In addition of getting their placard, these participants might have their picture identifying them as allies on the Multicultural Center Safe Zone Allies tab as well as a Safe Zone pin and a Safe Zone logo signature for their emails. Thank you to all these participants for their support and for increasing the numbers of Safe Zone spaces on campus and the community.

National Coming Out Day (NCOD)

In observance of the 28th anniversary of NCOD, Dr. Chad Spangler, Assistant Professor of Health Promotion, presented the lecture "Sexual Diversity Across Times and Culture." On this lecture, he went through a quick glance on how different civilizations at different environments and times have perceived, practiced, and accepted sexuality. This review included information since Greek and Roman times up to present day as well as from practices in New Guinea and the Polynesian Islands. At the end of the presentation, attendees were invited to write about experiences Coming Out (which is the process in which an individual openly expresses non-conforming sexual orientation and/or attraction) on a door that symbolizes the process. The door was later moved to the lobby of the Sub ballroom, and it remained there until the end of the week.

The Recognized Classifieds

By Debra Bradley and Jenn Anderson

The first person we want to "Recognize" is Mary Brown. She is the Administrative Associate III for the College of Tech Sciences. Some of Mary's job duties are to assist the Dean, Dr. Larry Strizich and the Chair, Steven Don. Mary's personality has been described as friendly, upbeat and always has a kind word. This helps keep the morale up for everyone from faculty, to staff, to students in stressful times. Her hard work and attention to detail helps keep the Dean's office running like a well-oiled engine. Mary puts in long hours but always has a smile to greet everyone that walks in. Congratulations, Mary, you make Northern proud.

If you know of a classified union member who you think needs to be recognized, then please email one of us (debra.bradly@msun.edu or Jennifer.anderson32@msun.edu) and we will do our best to give them the recognition they deserve. Thanks for your help and keep reading the NNN as your hard work might get recognized.



Cross Country Team Takes Home the Trophy

By Chad Spangler



Last week MSU-Northern's Cross Country team traveled to Sinks Canyon Center near Lander, Wyoming to compete in the first annual "Battle of The Borders" against Central Wyoming College. This dual meet was created out of the desire to see both rookie programs have the opportunity to compete against each other. It was a great experience for both teams. The Central Wyoming team offered a great course, exciting competition, and great sportsmanship. The course was designed and laid out by coach Al Lara in a beautiful area that reminded us of our Beaver Creek park. The athletes ran on natural single track, crossed streams,

and hurdled fallen trees. It was awesome! At the end of the day, Beau Hyatt led the men's team to victory, while Rachel David led the women's team. Sweeping the meet, we were able to bring back the "Battle of the Borders" trophy. It is also worth mentioning that Beau Hyatt and Rachel David are the course record holders at the new Sinks Canyon center cross country course. Next year, coach Lara will bring his team to Havre and we will host the 2nd Annual Battle of the Borders Dual meet. We can't wait!

Video Feature

RN to BSN Completion Program Video



Important Announcements

2016 Fall Semester Dates to Remember

Last Day to Drop a Class Monday, October 31st

Deferred Installment Payment Schedule: (\$30 processing fee is added)

- 75% of total fees due: Friday, October 21st
- 100% of total fees due: Friday, November 18th

Graduation Applications are due: Nov.14

Upcoming Activities

Evil Dead: The Musical - Opens Tonight



Five college students spend the weekend in an abandoned cabin in the woods, accidentally unleashing an evil terror. Come join us in the Hi-Line's new Cult Classic! This zany spoof of horror movies, set in a cabin in the woods, will amaze you with its demons, chainsaws, talking moose, blood and gore, and all-out rock music! **WARNING - Contains adult content and is not appropriate for kids. ROWS A-D ARE SPLASH ZONE SEATS! SPLASH ZONE "KITS" WILL BE AVAILABLE FOR PURCHASE AT THE DOOR!** October 14-15, 20-22, and 27-29 Special Midnight Showings Oct. 22 and 29. Tickets are available through the MAT website or at the door \$30/Adults, \$25/Students/Seniors/Military. MSUN Faculty, Staff and Student with a current I.D. are free at the door on a first-come, first serve basis.

Krispy Kreme Donut Fundraiser - Now Taking Orders!

The MSUN Multicultural Center is holding a Krispy Kreme donut fundraiser now through Sunday, October 23. The fundraiser will benefit the center's ongoing mission to provide quality multicultural programming not only for the MSUN campus, but also for the community at large. It will also raise funds for Native American emergency retention funding available through the center. The fundraiser will run through Sunday, October 23 with pre-orders being taken until then. Donuts will be picked up fresh from Krispy Kreme on Sunday evening October 30 and available for pickup at the Multicultural Center Monday October 31 from 8 AM until 9 PM. Prices are \$10.00 per dozen for original glazed or chocolate iced; assorted comes pre-made with 2 chocolate iced, 2 strawberry, 2 maples, 3 plaincake, and 3 powdered cakes for \$12.00 a dozen, or pick your own. Any donuts on the Krispy Kreme menu may be ordered by the dozen for \$12.00 as well! The more you order, the more discount you will receive. We will also be taking orders in the Brockman Center foyer on Monday October 17 from 08.30-noon and the SUB on Wednesday October 19 throughout the day. For more information or to place an order contact Cristina in the Multicultural Center @ 265-3589, c.estrada.underwood@msun.edu or Jamie in Cowan 312A @ 265-3526, junderwood@msun.edu

Fall 2016 Indigenous Movie Nights

The series, sponsored by the Native American Studies Program, showcases films written, directed, produced, and cast by American Indian & Indigenous artists and filmmakers. Each film is followed by a short discussion about the major themes and issues within the stories. Everyone is welcome. All of these movies will be in Hensler Auditorium, (in the ATC) and will begin at 6 p.m.

Tues, Oct 11 - THE DOE BOY

A hunting mistake causes a young Cherokee boy to run away from home and seek the advice of his grandfather.

Weds, Nov 16 - THE ACTIVIST

A fictionalized account of the behind-the-scenes political intrigue of the 1873 Siege at Wounded Knee.

Mon, Dec 5 - CHRISTMAS IN THE CLOUDS

Christmas laughs, love, a vegetarian chef, and mistaken identities, on a reservation ski-resort.

OVERVIEW OF STUDENT ACTIVITIES - OCTOBER 2016

Date	Activity	Time	Location
17th-22nd	Homecoming Week	All Day	All campus
17th	Pep Rally	7pm	Campus
	Pie the Candidates	8pm	Gym?
18th	Glow Run	8pm	City
19th	Lights Wrestling	7pm	Gym
	Homecoming Dinner	5pm-7pm	Food Court
20th	Skylights Basketball	7pm	Gym
	Intramural BB Rosters due in	5pm	SUB info desk
21st	Skylights/Lights Basketball	6 & 8pm	Gym
	Intramural schedules available	3pm	SUB info desk
22nd	Lights Football vs. Mt. Tech.	1pm	Blue Pony Stadium
24th-25th	Intramural Activity - 3on3 Basketball	8-10pm	Gym
27th	Take Back the Night (RPE Group)	7pm	Ballroom
28th	Skylights Volleyball	7pm	Gym
29th	Lights Wrestling	7pm	Gym
30th	Zombie Run	7pm	Campus
31st	HALLOWEEN		
28th or 31st	Halloween Carnival	6pm?	Ballroom

MSU-Northern Collegiate Stockgrowers Calendar

Monday, October 17th - Fall 2016 Career Fair - Armory Gym - 9 a.m. - noon

Saturday, November 5th - North Central Stockgrowers Association Annual Meeting - Hensler Auditorium - noon - 5 p.m.

Saturday, November 5th - MSU Northern Collegiate Stockgrowers Meet N Greet - SUB Ballroom - 5 p.m.-midnight, Prime rib dinner: \$10/plate, Live band: Milk River Band

Vietnam Veteran Pinning - Oct 17

MSU-Northern is honored to host a Vietnam Veteran Pinning for the vets in our area. The pinning will take place on Monday, October 17, at 10 a.m. in SUB Ballroom. Congressman Ryan Zinke will be on hand to give out commendations and pins to the veterans in attendance. Colonel Robert C. Frederiksen will be the speaker. He is the Commander of the 341st Security Forces Group, Malmstrom Air Force Base, Mont., home of the largest security forces group in the United States Air Force. He leads four security force squadrons of more than 1,200 personnel in providing security and force protection for the 341st Missile Wing, including its main operating base, 15 launch control centers and 150 intercontinental ballistic missiles deployed across 13,800-square-miles in central Montana.

Career Fair - Oct 17

The 2016 Fall Career Fair is set for Monday, October 17th. For more information on this event see the "From the Career Center" column under the weekly column section of the NNN.

White Cane Day Presentation - Oct.18

In Observance of October, National Disability Employment Month and White Cane Day (October 15), Geri Darko, Certified Orientation and Mobility Specialist at the Montana School for the Deaf and Blind (in Great Falls) will be on campus to help us learn about the daily challenges associated with visual impairments. Participants will gain a greater appreciation for the blind by performing various tasks while wearing blindfold or vision simulating goggles. Among the stations available, there would be the Braille

station and the field loss simulator. This presentation will take place October 18th, at 6.30 p.m. in Hensler Auditorium

This event is sponsored by the Office of Diversity Awareness and Multicultural Programs as well as by Disability Services/Learning Success Center.

All Lives Matter Forum - Oct. 24

In order to address the reasons of the recent deaths of African-American individuals in debatable circumstances linked to racial profiling, Criminal Justice Professor Jack Bieger, The Director of the Office of Diversity Awareness and Multicultural Programs Cristina Estrada-Underwood, and the student-athlete Badhasa Margarsa, will guide a dialogue on the topic. Everyone is invited to attend this panel that will take place, October 24th at 7.00 at the Sub ballroom.

Take Back the Night - Oct. 27

Take Back the Night is an event held nationwide to raise awareness about sexual assault. Participants will meet in the SUB ballroom, and will go on a short walk through MSU-Northern's campus and the City of Havre. Staff and students will have stops along the walk where participants can learn facts about sexual assault, set aside misconceptions, and learn how to intervene in risky situations to help keep everyone safe. Our theme is "You Don't Have To Have Super Powers To Be A Super Hero". Everyone has the ability and obligation to intervene when they see someone in a potentially dangerous situation. After the walk refreshments will be served in the SUB ballroom, survivors of previous assaults will have the opportunity to speak out, and we will be holding a Super Hero Costume Contest. First place in the contest will receive a \$75.00 gift certificate to the bookstore, second place will receive a \$50.00 gift certificate and third place will receive a \$25.00 gift certificate. All students, faculty, and staff are invited to participate. The first 250 participants will receive a flashlight to help light their way! The event may be held in the SUB Ballroom without the walk if the weather is bad.

BRUCE **CHRISTY** **JIM** **DEMI** **JORDAN** **PAM**

DANCING WITH THE HAVRE STARS

ST. JUDES GYMNASIUM
SHOW STARTS @ 7:00 P.M.
DOORS @ 6:30 P.M.

SATURDAY
NOV. 5, 2016

TICKETS:
\$15- GENERAL

Silent auction items will be available.
Tickets can be purchased at Bullhook Community Health Center.

For more information: Call 406-395-4305

2nd Annual Zombie Chase

Date: Sunday, October 30, 2016

Time: The chase starts between 5:15 & 5:30 PM, day of registration begins at 4:00 PM

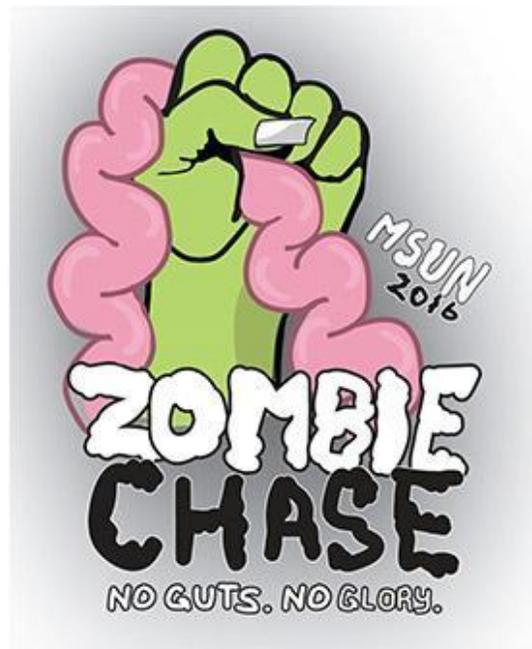
Location: MSU-Northern Campus, in between the gym and Cowan Hall

Course: The route meanders through the MSUN campus for 1.5 to 2 miles. The start and finish are both located by the clock in between the Gym and Cowan Hall. The course will be marked with flagging. Participants must stay within the marked course or they will be disqualified from prizes. Participants that aren't "caught" by zombies will be eligible for prizes.

Registration: Please register in person at the MSU-N athletic department or by mail before October 29th.

Only the first 150 registrants will receive the exclusive Zombie Chase beanie.

Please make checks payable to MSU-Northern Cross Country and use the following mailing address: Zombie Chase, MSU-N Athletics Department, P.O. Box 7751, Havre MT 59501



[Zombie Chase Registration Form](#)

Fundraiser for Melissa Ruby - Nov. 12

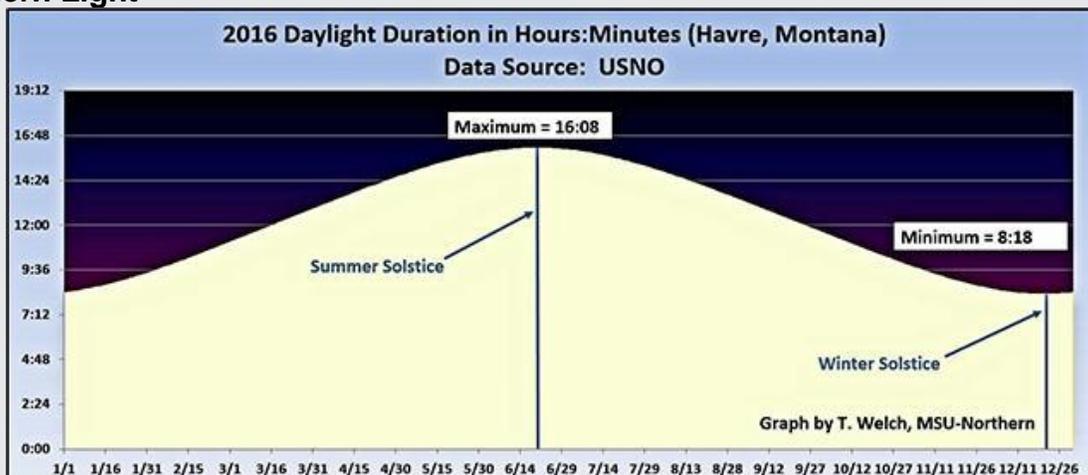
A benefit fundraiser for Melissa Ruby, the wife of ATDI assistant professor Kevin Ruby will be held November 12 at 4 p.m. in the MSU-Northern SUB ballroom. Melissa is in the hospital in Billings, MT battling Guillain-Barre Syndrome. This is a rare disorder in which the body's immune system attacks the nerves. Melissa will be spending the next few months in the hospital. Friends of the family are having a Spaghetti versus Chili cook off to raise money to help with medical & travel expenses. Come out to show your support and help us decide what is liked better - Spaghetti or Chili. There will also be a 50/50 raffle, silent auction and door prizes. We look forward to seeing you there!

Weekly Columns

Northern Technology Snapshot

by Thomas M. Welch - Agricultural Technology Educator at MSU-Northern

Northern Light



Northern's lights are very useful because of our geographic location and our academic year. This article's companion chart displays the duration of daylight on our campus for each day of 2016. Note that the amount of daylight for our location varies from a high of 16 hours and 28 minutes, which occurred on June 20 (summer solstice), to our shortest amount of daylight of 8 hours and 18 minutes, which will occur on December 21 (winter solstice). The term "daylight" in this article describes the amount of time between sunrise and sunset and is calculated when any portion of the sun is above a flat horizon with the horizon at the same altitude as the viewer.

It is debatable how much our academic calendars have been influenced by our agrarian society, seasonal labor needs, and the seasonality of raising our food. Perhaps the lack of air conditioning in schools, limited classroom lighting and the need for a summer break played a more powerful role. However, hours of available light, available labor and technological devices have played a large role in our past. In fact, some terms such as "harvest moon" relate back to the days when lights and batteries were not a part of our mechanized farm equipment and fall picking and harvesting activities could be extended under the light of a bright harvest moon. Even today, light and the duration of daylight have a tremendous effect on people's activities, animal reproductive cycling, and plant growth. Interestingly, many weed seeds require light to germinate and even a few seconds of light exposure may help trigger their germination. Perhaps my fascination with light stems from my Welsh ancestry, which may have triggered me to write this article. It is interesting to note that the average duration of daylight during our current academic fall and spring semesters will average 10 hours and 48 minutes and our days of summer break of 2016 averaged 14 hours and 42 minutes of daylight. Remember, the sun helps regulate us and feed us and the way its energy gets into our stomachs is through a light-loving green plant. So shine on, Northern family, enjoy your food and support and appreciate our Northern light, Lights and Skylights.

FROM THE CAREER CENTER

By Marry Heller

The Montana State University-Northern Fall 2016 Career Fair is set for Monday, October 17th and will be held in the MSU-Northern Armory Gymnasium from 9am - Noon. The Career Fair is open to registered employers, all currently enrolled MSU-Northern students and alumni seeking various job opportunities. There will be employers interested in students from many academic programs offered at MSU-Northern. This event will give Northern students and alumni the chance to meet with employers from all over the United States. The Fall Career Fair is now closed to employer registration but students and alumni can register up until the day of the event.

Every Career Fair, employers have an opportunity to become one of the two Gold Level Sponsors of the event. The higher registration cost entitles them to receive a larger front table set-up at the Fair, a full page color ad in the Student Guide and some advertising perks on and off campus. The Fall 2016 Career Fair Gold Sponsors are Modern Machinery of Missoula and Pape Machinery of Tacoma, Washington. There are also four Maroon Level Sponsors for this event; Torgersons LLC of Great Falls, Montana, GE Transportation of Havre, Montana, CG Ag Consulting of Cut Bank, Montana and Penske Truck Leasing of Vancouver, Washington. These Maroon Level Sponsors receive tables near the front of the Gym, a half-page black and white ad in the Student Guide and some advertising.

Most of the companies attending the event are from Montana, however many of them have job opportunities out-of-state. The Armory Gym will also see many new employers including the Warren Transport, Gallatin Motor Company, and Montana Fish, Wildlife and Parks. Joining the new employers will be representatives from local businesses including Tilleman Motor Company, Northern Montana Health Care, Independence Bank, and Northern Ag Research Center.

Havre will see an increase in traffic the week of October 17th with some companies arriving at the airport as well as others driving into town the day before. The Fair is only held the one day, but many employers will stay the afternoon and on Tuesday to conduct interviews with enrolled students and alumni for various internship and fulltime employment opportunities. Students and alumni interested in finding out which companies are interviewing and when the interview times are can log onto their CareerExpress account or contact the Career Center for more information.

All currently enrolled MSU-N students and alumni are welcome to attend the event and sign up for on-campus interviews. They will need to have a profile, with an edited resume, on the University's on-line career system called CareerExpress and are encouraged to register early for the Fair on that site.

For more information please contact the Career Center at 265-4198 or visit <http://www.msun.edu/career/>

Computer Corner

By Marianne Hoppe

October is National Cybersecurity Awareness Month

Each year, higher education organizations fall victim to phishing attacks. The goal of most attacks is to get a user to divulge personal or financial information or to gain access to the victim's computer. Universities are often targeted because of their open environments and easy-to-access email addresses.

Phishing scams generally come in one of the following forms:

- Email
- Phone calls
- Web popups that direct you to call "technical support" or update/install software

In all forms of phishing, the attacker claims to be, and often appears to be a person or organization you trust and with whom you may do business.

Follow the basic guidelines below to protect yourself and MSUN from phishing attacks.

- Never click on links or files that look suspicious.
- Never call phone numbers on unsolicited popups.
- Remember that legitimate institutions will never ask you for your username and password.
- Be on the lookout for typos, poor grammar, or styles inconsistent with messages you usually receive.
- Never give out information over the phone if you did not initiate the call or if you don't know the caller.
- Be wary of links emailed or texted from unknown or unverified senders. If you weren't expecting the email, don't click on any link they provide but browse to the website that belongs to the organization on your own to avoid being directed to a fraudulent site.

Additional phishing resources:

- National Cyber Security Alliance (NCSA): <https://staysafeonline.org/>
- Federal Trade Commission (FTC): <https://www.ftc.gov/news-events/media-resources/identity-theft-and-data-security/phishing-scams>
- Anti-Phishing Work Group: <http://www.antiphishing.org/resources/>

Northern Goes the Distance!

Andrew Potter is pleased to show off a Northern shirt while sitting on the steps of the Ross Monument in Rostrevor, Northern Ireland. This monument is named after British Army Major General Robert Ross who led the attack on Washington D.C. and was responsible for the burning of the public buildings in Washington in 1814, including the Capitol, Washington Navy Yard and, most famously or infamously of all - The 'President's Mansion' or 'President's House'. Which later became known as the 'White House.'

(<http://www.themanwhocapturedwashington.com/ratwh.html>) Way to go the distance Andrew Potter!

Help Northern "Go the Distance" by taking a picture of yourself with a Northern, shirt, hat, bandana etc... in some place outside of Havre and email it to potterj@msun.edu with a brief description of where



the photo was taken and if we like it we will put it in an upcoming NNN and publish it on Northern's Facebook site.

Plant of the Week

By: Terry Hildebrand

Saskatoon/Serviceberry - Rose Family (Rosaceae)(*Amelanchier alnifolia*)



One of the most sought after fruits in the mountainous lowlands is the serviceberry. In the spring, lovely white flowers cover the shrubs. Young branches are reddish brown and the oval-shaped leaves have serrations ("teeth") along their upper edges and a wedge-shaped base. Dark purple fruits are suspended in clusters and are gathered by wildlife as well as humans.

The plant has a long history of use by native populations and early settlers. Fresh fruits were enjoyed alone or in pies, puddings and preserves. Dried, crushed fruits often were combined with meat and animal fat to produce pemmican, a high energy food used to sustain health during travel and in the winter months. Recent scientific studies show saskatoon fruits have antioxidant properties with some varieties rivaling the amounts seen in blueberries, another plant with well documented antioxidant capabilities. As we age, our bodies accumulate free-radicals, or oxygen molecules that harm our cells. Antioxidants neutralize free radicals and reduce the risk of cancer and cardiovascular disease. If you find a patch of saskatoon shrubs in early- to late-July, take time to enjoy their wonderful taste and know that your actions are great for your health!

Flower & Leaf: http://naturalhistory.si.edu/lewisandclark/images/huber_Amelanchier_alnifolia_DSC02127.jpg

Fruit: <http://www.manosodas.eu/wp-content/uploads/2015/03/medl.jpg>

Shrub: <http://stevensonintermountainseed.com/devsiseed/wp-content/uploads/2012/07/Saskatoon-Serviceberry-Pic-crop.jpg>

TidBit

By Bill Lanier

Northern Alumni Highlight - Rudy James Update. Last weekend Rudy wrestled in Walbrzych Poland at the 2016 Veteran's World Freestyle Championships at the 76 kg (167.2 lbs) in the "A" Division (not the "B" Division as mentioned last week). Rudy came away as a World Silver medalist. Congratulations Rudy James.



Northern Alumni Highlight - Brad Shields. How many of you in the past year have driven along Highway 66 south of Fort Belknap and noticed the amazing mural on the water tower? You are probably wondering... "what water tower? What mural?" Last year a mural was painted on the water tower and it is truly a sight to behold (especially at night).

Nationally known Native American artist Andrew Morrison (<http://andrewmorrison.org/about-andrew/>), led a group of artists that included Northern Alumn, Brad Shields. Brad, a 2015 Northern grad, was one of the main artists on this mural with Andrew Morrison. Others who assisted included Shaun Bell, Aaniiih Nakoda College (ANC) Welding Instructor and ANC student Lacie Snider, Thad Mitchell, and Jesse Main. If you have not seen this magnificent work of art, please make a trip to Fort Belknap (45 miles east of Havre) and enjoy. This water tower is located on a small hill to the west of Highway 66 just south of Fort Belknap. You will not be disappointed. Great job Mr. Brad Shields.

Pictures courtesy of the ANC Demand Program Facebook page with permission granted by NACTEP Coordinator (and Northern Alum), Mr. Bob Parsley.