### ACADEMIC SENATE PROPOSAL TRACKING SHEET

(Document To Be Originated By the Academic Senate Secretary On Canary Color Paper)

Proposal # 12-19	Title: Health Promotion Program Revision
(Deserged suplementing submitted 1	

(Proposal explanation, submitter and college dean signatures on attached program/degree or course revision form.)

All proposals MUST have their originating college faculty body (Ex. Arts & Sciences, Education and Nursing; Technical Sciences) approval and must be signed by the submitter and the college dean before being submitted to the Academic Senate Secretary.

- 1. Submit all proposals (using the appropriate Academic Senate program/degree and/or course revision forms or General Education Inclusion form) to the Academic Senate Secretary. NOTE: Level 1 or Level 2 forms must be submitted concurrent with this proposal where applicable. For Education proposals, PEU approval must be received prior to forwarding the proposal to the Senate.
- 2. The Academic Senate Secretary logs and numbers items and forwards them to the appropriate Academic Senate subcommittee(s): General Education (if applicable), or Curriculum. A transmittal e-mail will be sent to the Recording Secretary of the receiving committee, cc Provost's Administrative Assistant, by the Academic Senate Secretary. A digital copy of the proposal will be linked on the Academic Senate Proposal page by the Academic Senate Secretary.
- 3. The Academic Senate subcommittee(s) consider(s) the proposal. If approved, the proposal is returned to the Academic Senate Secretary for forwarding to the next committee. If a committee disapproves the proposal, the originator may request that the item be forwarded to the next body for consideration. The committee will provide written rationale to the originator, via the Academic Senate, when a proposal is disapproved and the proposal is returned to the originator. Upon completion of committee action, the proposal will be returned to the Academic Senate Secretary, and a transmittal e-mail sent by the Committee Recorder to the Senate Secretary, cc Provost's Administrative Assistant.
- 4. The Academic Senate considers the proposal and recommends approval or disapproval. If approved, the proposal is forwarded to the Provost for consideration. If the Academic Senate disapproves the proposal, the originator may request that the item be forwarded to the Full Faculty for consideration, utilizing the procedures set forth in the Senate Bylaws. The Academic Senate will provide written rationale to the originator when proposals are disapproved and the proposal is returned to the originator.
- Approved proposals will be forwarded to the Provost. The Provost approves or disapproves the proposal. If approved, the proposal is then forwarded to the Chancellor. From this point forward, the Provost's Administrative Assistant will update the Proposal page on the website by contacting the webmaster.
- 7. The Chancellor approves or disapproves the proposal.
- 8. The proposal will then either be implemented or referred to MSU for further action. The tracking page on the Provost site will be updated as required.

Subcommittee and Academic Senate college representatives will notify their respective colleges' of the progress of submitted proposals or the proposal may be tracked via the web page - <a href="http://www.msun.edu/admin/provost/senate/proposals.htm">http://www.msun.edu/admin/provost/senate/proposals.htm</a>

Documentation and forms for the curriculum process is also available on the web page: <a href="http://www.msun.edu/admin/provost/forms.htm">http://www.msun.edu/admin/provost/forms.htm</a>

\*\*\*\*\*(If a proposal is disapproved at any level, it is returned through the Academic Senate secretary and the Senate President, to the Dean of the submitting college who then notifies the originator.

	Date	Action Taken	Signature	Date	Comments/Reason for Disapproval	Sent to	Date	Transmittal E-mail sent
*Abstract received by		Copy to Senate President. Forward			•			
Senate Secretary		to Provost.						
*Provost		☐ Abstract Approved						
Received by	12/06/12	Disapproved Tracking forms						
Senate Secretary	12/00/12	Tracking form initiated	Sandes Care	m 12-6-1		Currichle	n 12-1-12	12-6-1
General Education Committee (if		Approved	30 V 10 40 W	1 0 0 10		account.	10 619	12-6-1
applicable)		Disapproved						
Curriculum		Approved Approved	KI ST		note changes on	Sunte		2-W1 - 2-2-2
Committee (if applicable)	12-6-12	☐ Disapproved	Karhermart	3-5-13	proposal	Senate	3-5-13	3-5-13
Academic Senate	3-6-13	Approved  Disapproved	-111-	3/19/13		Provast	3-2013	3-2043
Full Faculty (if necessary)		Approved	HOC.	71110		110002	Jacis	0 40,10
		☐ Disapproved						
Provost		Approved Ros	engell fouler	muleton	y .			
Chancellor		Disapproved Approved	eneros fruitas	3-72-13				
		☐ Disapproved	ous cer receipe	, ,,				
MOLI								
MSU		☐ Approved ☐ Disapproved						
BOR		Approved						
		Disapproved						
NWCCU		Approved						
Provost		Advise originating						
		college and Academic Senate of						
		status. Update Web						
Registrar		page. Catalog/Policy						
Registrat		Manual Update						

NOTE: The secretary of the Academic Senate will update the Academic Senate Proposal web page from initial receipt until the proposal reaches the Provost. The Provost's Administrative Assistant will ensure that the current status of each proposal is maintained on the Academic Senate Proposal web page from that point forward. \*Abstract and pre-approval required for new programs ONLY.
Academic Senate Form 1 (Revised 3/21/2012)

02/01/13

Katherine,

Please attach this health promotion minor revision form to proposal #12-19. Thank you

**Lourdes Caven** 

**Academic Senate Recording Secretary** 

#### PROGRAM/DEGREE REVISION FORM

NEW	_ DROPPED _	MAJOR REVI	SION _XX_ FOR INFORMATION	ON ONLY
College _	_Education	Program Area	Health Promotion	Date _12/1/2012_
Submitte	r DR MALL AT THE Signature	Chair/Del	Signature (indicates "college" level appro	Date <u> </u>

Please provide a brief explanation & rationale for the proposed revision(s).

This is to align the minor with the major and to better meet the curricular needs of the students.

Please provide in the space below a "before and after" picture of the program with the changes in the program noted. Attach appropriate Course Revision Forms. Please indicate changes by shading the appropriate cells.

PROPOSAL TITLE Health Promotion Minor

### **OLD PROGRAM**

Course			Сп	dits
Prefix	#	Course Title	Fall	Spr.
HPE	233	Foundations HPE	2	
HPE	234	First Aid & CPR	2	
HPE	235	Health & Wellness	3	
HPE	274	Community Health		3
HPE	302	Theory & Practice HP	3	
HPE	374	Current Issues in Health	I	3
HPE	378	Sex Ed	3	
HPE	402	Health Promotion	· .	3
			l	<u></u>

Total Credits 22

### **NEW PROGRAM**

Course	Course	Credi	ts	
Prefix	#	Course Title	Fall	Spr.
NUTR	221	Basic Human Nutrition	- 3	<del>                                     </del>
HPE	3XX	Etiology of Disease		3
HPE	235		3	1
HPE	274			3
HPE	302		3	
HPE	374	1		3.
HPE	368	Safety Education		2
HPE	402	•		3
				1

Total Credits 2

Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources.

All courses are a sub-set of the major.

ACAD program degree revision form Revised: 12/12/01

#### COURSE REVISION FORM

NEW_XX_ DROPPED	MAJOR REVISION	FOR INFOR	MATION ONLY
CollegeEASN	Program Area	Education-HPE	Date 10/16/2012
Submitter Signature Signature	Chair/Dean	nature (Indicates "college" I	evel approval)

Please provide a brief explanation & rationale for the proposed revision(s):

Feedback from students and internship supervisors suggests this course needs to be added to the curriculum to keep students current in the causes, treatment and prevention of diseases to be competent in the field.

Please provide the following information:

College: EASN
Program Area: HPE
Date: 10/16/2012

Course Prefix & No.: HTH 3XX (no course in CCN to match)

Course Title: Etiology of Disease

Credits: 3

Required by: Health Promotion Majors

Selective in: HPE
Elective in: nursing
General Education:

Lecture: 3
Lecture/Lab:

Contact hours lecture: Contact hours lab:

Current Catalog Description (include all prerequisites):

### Proposed or New Catalog Description (include all prerequisites):

Understanding the cause, progression, treatment and outcome of disease is central to the health education process. This course will provide students with the basic knowledge of diseases caused by genetic anomalies, congenital abnormalities, autoimmune disorders, metabolic disorders, cancers, infectious diseases and diseases of lifestyle.

### **Course Outcome Objectives:**

- Identify basic disease etiologies and pathologies.
- Differentiate between the various ctiologies of disease.
- Investigate the various prevention methods and treatment options for common diseases.
- Demonstrate the connection between lifestyle and prevalence of various diseases.

Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources. None

### PROGRAM/DEGREE REVISION FORM

NEW _	DROPPED _	MAJOR REV	ISION XX FOR INFOR	MATION ONLY
College	Education	Program Area	Health Promotion	Date _11/28/2012_
Submitte	er Workell	Chair/I	Dean Lucy Com- Signature (indicates "college" le	

Please provide a brief explanation & rationale for the proposed revision(s). SEE BELOW Please provide in the space below a "before and after" picture of the program with the changes in the program noted. Attach appropriate Course Revision Forms. Please indicate changes by shading the appropriate cells.

PROPOSAL	TITLE	Health Promotion	Program	Revision
			O	

Course			Cr	edits
Prefix	#	Course Title	Fall	Spr
WRIT	101			3
SPCH	141	OR 142		3
M	121			3
BIOH	104		4	
CAT III	A PROPERTY.		2	
PSYX	100	OR SOCI 101		3
PSYX	230		3	
CAT IV				3
CAT V				3
CAT VI			3	3
CAPP	158	MS ACCESS	3	119.11
ACTG	210			3
BUS	110			3
BUS	120			3
BUS	271			3
BUS	300			3
BUS	332		1	3
BUS	335			3
ENGL		Upper division writing		3 3 3 3 3
HPE	233			2
HPE	234			2 2 3
HPE	235			3
HPE	236	Intramural & Rec Act		3
HPE	274		1	3 3 3
HPE	302			3
HPE	357			3
HPE	358			3
HPE	359	Field Exp		1
HPE	370	1		3
HPE	374			3
HPE	376	Tests & Meas in HPE		3
HPE	378			3
HPE	416			3
HPE	430			3
HPE	498			12
		OR		
HPE	498	&		6
		ELECTIVES	1	6
SBM	402			3
		ELECTIVES	2	
HPEA	18X		1	

### **NEW PROGRAM**

	Course		Credi	ts
Prefix	#	Course Title	Fall	Spr.
WRIT	101			
SPCH	141	OR 142		3
M	121			3
BIOH	104	OR 201	4	
CAT III		OR BIOH 202	2	4
PSYX	100	OR SOCI 101		3
PSYX	230		3	
CAT IV				3
CAT V				3
CAT VI			3	3
CAT VII	men n		3	(3)50
		Area of Concentration		22-2
		See page 2		
WRIT		Upper division writing		3
HPE	233			2
HPE	234			3 3
HPE	235			3
NUTR	221	Basic Human Nutrition		3
HPE	274			3
HPE	302			3
HPE	357			3
HPE	358			3
HTH	368	Safety Education		2
HPE	370			3
HPE	374			3
HTH	3XX	Etiology of Disease		3
HPE	378			3
HPE	416			3
HPE	430	- TOTAL		3
HPE	498			12
		OR		
HPE	498	&		6
		ELECTIVES		6
		ELECTIVES		0-3

Total Credits 120

Total Credits 120

Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources.

### PROGRAM/DEGREE REVISION FORM

NEW DROPPED	_ MAJOR REVISION _XX_ FOR INFOR	MATION ONLY
CollegeEducation P	rogram AreaHealth Promotion	Date _11/28/2012_
Submitter	Chair/Dean	Date
Signature	Signature (indicates "college" le	vei approvaij
Please provide a brief expla	nation & rationale for the proposed revision	n(s). SEE BELOW
	below a "before and after" picture of the propriate Course Revision Forms. Please inc	
appropriate cells.		

PROPOSAL TITLE Health Promotion Program Revision

	OLD PROGRAM					
Course			Credits			
Prefix	#	Course Title	Fall	Spr.		
WRIT	101			3		
SPCH	141	OR 142		3		
М	121			3		
BIOH	104		4			
CAT III			2			
PSYX	100	OR SOCI 101	1	3		
PSYX	230		3			
CAT IV				3		
CAT V				3		
CAT VI			3	3		
CAPP	158	MS ACCESS	3			
				Ì		
ACTG	210	1	1	3		
BUS	110		1	3		
BUS	120			3		
BUS	271		1	3		
BUS	300	1	1	3		
BUS	332		1	3		
BUS	335		1	3		
ENGL	1-555	Upper division writing		3		
HPE	233			2		
HPE	234					
HPE	235			3		
HPE	236	Intramural & Rec Act	<b>-</b>	3		
HPE	274		<u> </u>			
HPE	302			3		
HPE	357			3		
HPE	358		1	3		
HPE	359	Field Exp	<del>                                     </del>	i		
HPE	370		<u> </u>	3		
HPE	374		<del></del>	3		
HPE	376	Tests & Meas in HPE		3		
HPE	378	TANK OF ILIAMS SI THE D		3		
HPE	416	<del> </del>	1	3		
HPE	430		+	3		
HPE	498	<del>                                     </del>	+	12		
111 15	+-770	OR	<del> </del>	<del>  `~</del>		
HPE	498	&	+	6		
TIFE	770	ELECTIVES	+	6		
SBM	402	LLLCTIVES	+	3		
SDM	1902	ELECTIVES	2	<del>                                     </del>		
HPFA	18X	ELECTIVES	1	<del> </del>		
DECA		•				

### **NEW PROGRAM**

Course	TE VV	PROGRAM	Credi	<b>t</b> o
Prefix	#	Course Title	Fall	
		Course Title	ran	Spr.
SPCH	101	OR 142	-	3
M	121	OR 142	+	3
BIOH	104	OD 201	4	3
CAT III	104	OR 201 OR BIOH 202	$\frac{1}{2}$	4
	100		<del> </del>	3
PSYX	100	OR SOCI 101	3	13
PSYX	230		3	-
CAT IV	-			3
CAT V			+	3
CAT VI			3	3
CAT VII	ļ		3	ļ
Ļ	ļ			
		Area of Concentration	<b>_</b>	22-25
				<u> </u>
	<u> </u>	See page 2		<u> </u>
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
				<u> </u>
				<u> </u>
WRIT		Upper division writing		3
HPE	233			2 2 3
HPE	234			2
HPE	235			3
NUTR	221	Basic Human Nutrition		3
HPE	274			3
HPE	302			3
HPE	357			3
HPE	358			3
HTH	368	Safety Education		2
HPE	370			3
HPE	374			3
HTH	3XX	Etiology of Disease	7	3
HPE	378		T	
HPE	416			3
HPE	430			3
HPE	498		1	12
<u>-</u>	T	OR	1	1
HPE	498	&	1	6
- <del>****</del>	<del>  '''</del>	ELECTIVES	1	6
-			1	<del>                                     </del>
<del></del>		ELECTIVES		0-3
<del></del>	<del> </del>	LUCATION	+	<del>                                     </del>
L				1

Total Credits 120

Total Credits 120

Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources.

### Areas of Concentration:

### **Business**

BMKT	222	Customer Service & Marketing	3
BGEN	112	Creative Problem Solving	3
BGEN	110	Applied Business Leadership	3
BGEN	235	Business Law	3
BMGT	335	Management & Organizations	3
BMGT	329	Human Resource Management	3
BMKT	325	Principles of Marketing	3
BMGT	402	Small Business Management	3
Total Credits			24

**Pre-Professional** (physical therapy, athletic training)

110-11010331011	iai (physicai mici	apy, aunctic training)	
STAT	116	Stats	3
СНМҮ	123/124	Intro to organic Chem & lab or	4
СНМҮ	141/142	College Chem & lab or	
СНМҮ	321/322	Organic Chem & lab	
PHSX	205/206	College Physics I	4
PHSX	207/208	College Physics II	4
BIOM	250/251	Micro for HIth Sci	4
НРЕ	410	Internship in AT (additional credits in HPE 410 may be substituted for HPE 498)	3
Total Credits			22

Health Education (in consultation with advisor)

23-24 credits in the area of	
Education (not for teaching endorsement)**,	
Community leadership, nursing	
Or others as developed by student and advisor	
Total Credits	23-24

<sup>\*\*</sup> Student must be admitted to the teacher education program to take upper division EDU courses. See the education department web page for further information.

### Please provide a brief explanation & rationale for the proposed revision(s).

The health promotion degree was originally intended for students pursuing a career in the field of wellness/health promotion. Since its inception, other students have used the degree to spring-board into graduate programs such as physical therapy or sports administration. To assist them with their academic and career goals, several substitutions of course requirements were made. This has become cumbersome and confusing. In addition, there are increasing numbers of transfer students from the tribal colleges and community colleges who are entering the degree with coursework not offered by MSUN but which fit into the degree nicely (i.e. nutrition). The new courses adjust the program to reflect needs of the industry as well as changes resulting from the CCN process. The proposed changes to the program will allow easier "customizing" for students seeking careers in the vast field of health especially when current Department of Labor statistics project a 37% increase in jobs in the areas of Health Promotion, Health Education, Wellness and Fitness.

### Areas of Concentration:

Business

BMKT	222	Customer Service & Marketing	3
BGEN	112	Creative Problem Solving	3
BGEN	110	Applied Business Leadership	3
BGEN	235	Business Law	3
BMGT	335	Management & Organizations	3
BMGT	329	Human Resource Management	3
BMKT	325	Principles of Marketing	3
BMGT	402	Small Business Management	3
Total Credits			24

**Pre-Professional** (physical therapy, athletic training)

STAT	116	Stats	3
СНМҮ	123/124	Intro to organic Chem & lab or	4
СНМҮ	141/142	College Chem & lab or	
СНМҮ	321/322	Organic Chem & lab	
PHSX	205/206	College Physics I	4
PHSX	207/208	College Physics II	4
BIOM	250/251	Micro for Hlth Sci	4
НРЕ	410	Internship in AT (additional credits in HPE 410 may be substituted for HPE 498)	3
Total Credits			22

Health Education (in consultation with advisor)

EDU	201	Intro to Ed	3
EDU	225	Intro to Ed Psych	3
HPE	376	Tests & Measurement	3
Selectives in Education (not for teaching endorsement)**,			
Community leadership, nursing, or others			
Approved by advisor Total Credits			23-24

<sup>\*\*</sup> Student must be admitted to the teacher education program to take upper division EDU courses. See the education department web page for further information.

### Please provide a brief explanation & rationale for the proposed revision(s)

The health promotion degree was originally intended for students pursuing a career in the field of wellness/health promotion. Since its inception, other students have used the degree to spring-board into graduate programs such as physical therapy or sports administration. To assist them with their academic and career goals, several substitutions of course requirements were made. This has become cumbersome and confusing. In addition, there are increasing numbers of transfer students from the tribal colleges and community colleges who are entering the degree with coursework not offered by MSUN but which fit into the degree nicely (i.e. nutrition). The new courses adjust the program to reflect needs of the industry as well as changes resulting from the CCN process. The proposed changes to the program will allow easier "customizing" for students seeking careers in the vast field of health especially when current Department of Labor statistics project a 37% increase in jobs in the areas of Health Promotion, Health Education, Wellness and Fitness.

# Montana Board of Regents

## LEVEL I REQUEST FORM

Item Number: XXX-XXXX+XXXXX	Meeting Date:
Institution: MSU-Northern	CIP Code:
Program Title: BS in Health Promotion	
Level I proposals are those that may be approved by the Commissioner's designee. The approval of such proposing regular meeting of the Board. The institution must file Higher Education by means of a memo to the Deputy Collater than five weeks prior to the final posting date for a Commissioner will review the proposal and respond to within one week, allowing the proposing campus one will scheduled meeting.	sals will be conveyed to the Board of Regents at the next the request with the Office of the Commissioner of ommissioner for Academic and Student Affairs, by no the next scheduled meeting of the Board. The Deputy the proposing campus with any questions or concerns
X A. Level I (place an X for <u>all</u> that apply):	
adherence to approved campus mission; and (c other institutions within the Montana University	cally characterized by (a) minimal costs; (b) clear the absence of significant programmatic impact on y System and Community Colleges. For Level I actions must begin when the proposing campus posts its intent
1. Re-titling existing majors, minors, option	s and certificates
2. Adding new minors or certificates where Proposals Form)	there is a major (Submit with completed Curriculum
3. Adding new minors or certificates where  Curriculum Proposals Form)	there is an option in a major (Submit with completed
4. Departmental mergers and name change	e'S
X 5. Program revisions (Submit with complete	d Curriculum Proposals Form)
6. Distance or online delivery of previously	authorized degree or certificate programs
	(No Program Termination Checklist at this time – s, faculty, and other constituents and include this ination if not reinstated)
8. Filing Notice of Intent to Terminate/With  (No Program Termination Checklist at th	ndraw existing majors, minors, options, and certificates is time)
9. Terminate/withdraw existing majors, mi Program Termination Checklist)	nors, options, and certificates (Submit with completed

#### Montana Board of Regents

LEVEL | REQUEST FORM

B. Level I with Level II docum	entation:	
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With Level II documentation circulated to all campus chief academic officers in advance, the Deputy Commissioner or designee may propose additional items for inclusion in the Level I process. For these items to move forward, the Deputy Commissioner or designee must reach consensus with the chief academic officers. When consensus is not achieved, the Deputy Commissioner or designee will move the item to the Level II review process.

- 1. Options within an existing major or degree (Submit with completed Curriculum Proposals Form);
  - Eliminating organizational units within larger institutions such as departments, divisions and colleges or schools with the exception of the Colleges of Technology where changes require Board action (Submit with completed Curriculum Proposals Form)
- 3. Consolidating existing programs and/or degrees (<u>Submit with completed Curriculum Proposals Form</u>)

### C. Temporary Certificate or A.A.S. degree programs

Certificate or Associate of Applied Science Degree Programs may be submitted as Level I proposals, with memo and backup documentation, when they are offered in cooperation with and /or at the request of private or public sector partners and the decision point to offer the program is not consistent with the regular Board of Regents program approval process. Level I approval for programs under this provision will be limited to two years. Continuation of a program beyond the two years will require the normal program approval process as Level II Proposals.

All other Level I Certificate or Associate Degree programs may be placed on submission at any Board of Regents meeting. They will be placed on action agendas at subsequent meetings. All campuses agree to insure that all other campuses receive program information well in advance of submission.

#### D. Campus Certificates

Although certificate programs of 29 credits or fewer may be implemented by the individual campuses without approval by the board of regents, those certificates do need to be reported to the office of the commissioner of higher education and listed on the Montana University System's official degree and program inventory. These Level I proposals will be listed as information items at the next regular meeting of the board.

### **Specify Request:**

#### COURSE REVISION FORM

NEW _XX	_ DROPPED	MAJOR REVISION	FOR INFORM	ATION ONLY
College	_EASN	Program Area	Education-HPE	Date 10/16/2012
	SHETIRE HAWE	Chair/Dean Sign	ature (indicates "college" leve	Tuma Date 11-30-2012

### Please provide a brief explanation & rationale for the proposed revision(s):

Feedback from students and internship supervisors suggests this course needs to be added to the curriculum to keep students current in the causes, treatment and prevention of diseases to be competent in the field.

Please provide the following information:

College: EASN Program Area: HPE Date: 10/16/2012

Course Prefix & No.: HTH 3XX (no course in CCN to match)

Course Title: Etiology of Disease

Credits: 3

Required by: Health Promotion Majors

Selective in: HPE Elective in: nursing General Education:

Lecture: 3 Lecture/Lab:

Contact hours lecture: Contact hours lab:

### **Current Catalog Description (include all prerequisites):**

### Proposed or New Catalog Description (include all prerequisites):

Understanding the cause, progression, treatment and outcome of disease is central to the health education process. This course will provide students with the basic knowledge of diseases caused by genetic anomalies, congenital abnormalities, autoimmune disorders, metabolic disorders, cancers, infectious diseases and diseases of lifestyle.

### **Course Outcome Objectives:**

- Identify basic disease etiologies and pathologies.
- Differentiate between the various etiologies of disease.
- Investigate the various prevention methods and treatment options for common diseases.
- Demonstrate the connection between lifestyle and prevalence of various diseases.

Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources. None

#### COURSE REVISION FORM

NEW _XX DROPPED _	MAJOR REV	ISION FOR INFOR	MATION ONLY	
CollegeEASN	Program Area	Education - HPE	Date10/16/2012	
Submitter ANE TRE HIEW	Chair/Dea	Signature (indicates "college" leve	1 approval) Date 11-30, 12	_

### Please provide a brief explanation & rationale for the proposed revision(s):

Nutrition is a course offered at most institutions as basic content knowledge for HPE and health promotion. Feedback from students and internship supervisors suggests it needs to be added to the curriculum to keep students current.

Please provide the following information:

College: EASN

Program Area: Education - HPE

Date: 10/16/2012

Course Prefix & No.: NUTR 221 (based on CCN)

Course Title: Basic Human Nutrition

Credits: 3

Required by: Health Promotion majors

Selective in: HPE

Elective in:

**General Education:** 

Lecture: 3 Lecture/Lab:

Contact hours lecture: 3

Contact hours lab:

### **Current Catalog Description (include all prerequisites):**

### Proposed or New Catalog Description (include all prerequisites):

This course covers the basic concepts of human nutrition which include carbohydrates, lipids, proteins, vitamins, minerals, absorption, digestion, metabolism, and energy utilization as they relate to health and food consumption at different stages of the life cycle. Discussion of current diet trends and fads as well as the latest research in nutrition will be included.

### Course Outcome Objectives: (based on CCN outcomes)

- Identify the basic nutrients (micro and macro) and their sources.
- Explain the metabolism of food during rest and physical activity.
- Identify and analyze the needs and changes in nutrient requirements over the life span.
- Differentiate between sound nutritional practices and fads, myths, and disordered eating.
- Summarize the risks and benefits related to nutritional supplements and ergogenic/performance enhancing products

Additional instructional resources needed (including library materials, special equipment, and facilities). Please note: approval does not indicate support for new faculty or additional resources. none