

FOR IMMEDIATE RELEASE

**FRONTIER CONFERENCE BASKETBALL COACHES
PICK FAVORITES IN 2009-2010 PRE-SEASON POLL**

WHITEFISH, Mont., Oct. 14, 2009 — In a pre-season poll of Frontier Conference women's basketball coaches, conference tournament champion Lewis-Clark State was picked to win the 2009-2010 league title.

Carroll College was second in the balloting followed by last year's regular season champion Westminster College, Montana State-Northern, Rocky Mountain, Montana Tech, University of Great Falls and Montana Western.

Lewis-Clark received seven first place votes and Carroll College received one.

The league's men's coaches picked regular season and conference tournament champion Westminster College as their preseason pick to win the 2009-10 league title. Defending national champion Rocky Mountain College was picked second. The Bears were regular season and conference tournament runner-ups a year ago.

Montana Western was picked to finish third followed by Lewis-Clark and Montana State-Northern in a tie for fourth, Carroll College sixth, University of Great Falls seventh and Montana Tech eighth.

Westminster received five first place votes and Rocky received three first place votes.

Votes were 7 points for first, 6 points for second, 5 points for third, 4 points for fourth, 3 points for fifth, 2 points for sixth and one point for seventh.

Coaches were not allowed to vote for their own team.

In this year's women's poll, there was one ballot that gave both Carroll and Westminster a second place vote and one ballot that gave both University of Great Falls and Montana Tech a fifth place vote.

In the Carroll/Westminster ballot, the points for second and third were added together and divided by two with each team given half of the total. The same formula used for the Tech/UGF fifth/sixth ballot.

Results below:

Men	Pts	Women	Pts
Westminster (5)	47	Lewis-Clark (7)	49
Rocky Mountain (3)	44	Carroll College (1)	40.5
Montana Western	30	Westminster	38.5
MSU-Northern	28	MSU-Northern	28
Lewis-Clark	28	Rocky Mountain	26
Carroll College	27	Montana Tech	20.5
U of Great Falls	12	U of Great Falls	13.5
Montana Tech	8	Montana Western	8

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